

Dear Sirs, Members of the SOE
Committee!

I would like to express my sincere words of gratitude to all of you for the opportunity to attend in one of the Western European Hospitals.

I chose FUNDACION OFTALMOLOGICA DEL MEDITERRANEO, Valencia, Spain.

My observation period was from 22nd of June till the 31st of July 2009. My contact person was Dr. Ma. Carmen Desco Esteban from the Vitreo-Retinal Unit.

During the first two weeks I was attend at the Anterior Segment Unit with Dr. Cristina Peris Martinez and Dr. Francisco Pastor. I examined patients with cataract, pterygium, corneal degenerations, corneal dystrophies, corneal ectasias (keratoconus , Pelucid marginal degeneration). In this period I was in the Operation theatre too, and I saw penetrating keratoplasty, lamellar keratoplasty, refractive surgery (LASIK and intrastromal rings), pterygium surgery with conjunctival autograft and Mitomicin C. Those were things completely new for me. I also saw cataract surgery with phacoemulsification and Worst lens implant.

I also learned something about corneal topography and anterior pole OCT.

During the next 4 weeks I was at the Vitreo-Retinal Unit. I observed the work done by Dr. Amparo Navea, Dr. Ma. Carmen Desco Esteban, Dr. Elena Palacios Pozo , Dr. J. Mataix Boronat.

In the examination rooms I examined patients with various pathologies of retina: Age Related MD, CRVO, RD, Diabetic Retinopathy, and with oncological diseases : choroidal melanoma, iris melanoma, choroidal metastases. I learned how to use the indirect ophthalmoscope

I saw how were carried out OCT, FA, ICG, Photodynamic Therapy, intravitreous injections with anti VEGF, YAG –Laser, Argon –Laser.

In the Operation theatre I saw surgery related to retinal detachments, macular holes, hemophthalm, vitrectomy with insertion of gas, silicone, brachytherapy treatment , telescopic lenses implants.

I cooperated very well with the above mentioned doctors, they answer gladly all my questions and they teach me many things. They are young doctors but very professionals.

For me it was a great experience, I improved my knowledge and I met wonderful people.

At the end of my training course I was given a certificate of attendance.

I would like to thank once again to all the members of the SOE committee's. I would be happy if in the future you will involve me in this program one more time , so I will have another opportunity to improve my knowledge.

Yours sincerely,
Dr. Simona Badea from Romania

